

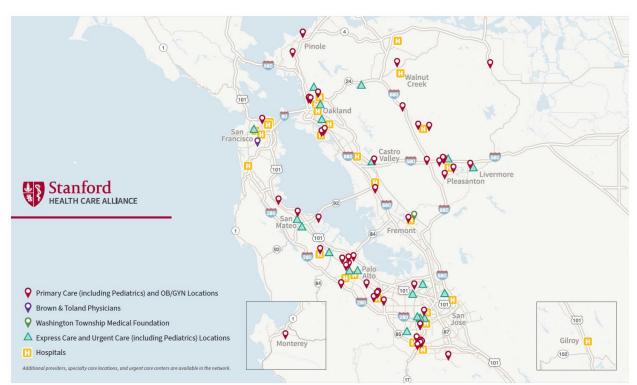
# Stanford Health Care Alliance 2024 Provider Operations Guide



# **Welcome to Stanford Health Care Alliance!**

Stanford Health Care Alliance (SHC Alliance) is an Accountable Care Organization (ACO) plan that provides a custom narrow network to self-funded employer groups. SHC Alliance plans may vary in the benefit design offered to each employer and resemble a narrow network Exclusive Provider Organization (EPO) or Point of Service (POS) plan.

SHC Alliance is a custom network and providers must be selected to participate in each specific employers' custom ACO plan. The core provider network for SHC Alliance plans is the Stanford Medicine and Stanford affiliated network of hospitals, facilities and physicians, and the onsite Employer-Based Clinics (EBCs). To ensure network adequacy, the SHC Alliance provider network also includes supplemental non-Stanford providers contracted through a national health plan (e.g., Aetna or Anthem) that "wrap" around the core Stanford network. It is important to understand the wrap network for each employer group as it may vary significantly. Check the specific network directory for each employer group starting on page 16 or call provider services to confirm provider status with the SHC Alliance network. Most benefit plans do not include an out-of-network option so enrollees who are incorrectly referred to a non-SHC Alliance network provider (out-of-network) may be held financially liable for charges incurred.



Additional providers, specialty care locations, and urgent care centers are available in the network.

# **Overview**

The Stanford Health Care Alliance 2024 Provider Operations guide is a summary of policies, resources, and operating procedures for in-network Stanford Health Care Alliance providers. This guide will assist providers and office administrators with:

- What's new for 2024
- Identifying members in the SHC Alliance plans
- Precertification and prior authorization
- Filing claims
- Who to contact with questions

SHC Alliance plans are offered to members of the following plan sponsors (employers):

- Stanford Employer Groups
  - Lucile Packard Children's Hospital Stanford (LPCH)
  - Packard Children's Health Alliance (PCHA)
  - Stanford Health Care (SHC)
  - Stanford Health Care Tri-Valley (TV)
  - Stanford Medicine Partners (SMP)
  - Stanford University Postdoctoral Scholars (Post Docs)

- Cisco Systems, Inc. (Cisco)
- Intel Corporation (Intel)

<sup>\*</sup>Stanford University Faculty & Staff plan terminated 12/31/2023



## Stanford University Faculty & Staff SHCA Plan Termination

Beginning 2024, Stanford University Faculty & Staff (SU) will no longer offer the SHCA plan. Please note that SU's new Aetna PPO plan called "Aetna Select Copay Health Plan" is not an SHCA plan. Care management and member care service for this plan will no longer be provided by SHCA. This plan is fully administered by Aetna. Members will receive a new ID card along with information about their new plan. Questions regarding the new Aetna Select Copay plan should be directed to Aetna directly.

## **Referral Requirement Discontinuation**

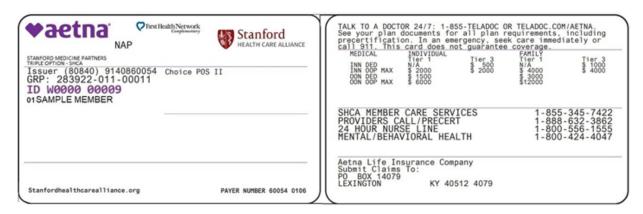
Referral requirement for Stanford Health Care (SHC) and Lucile Packard Children's Hospital Stanford (LPCH) SHCA members will no longer be required in 2024. Members will continue to be attributed to a Primary Care Physician (PCP) for optimal patient care and specialty referrals will continue to be encouraged as appropriate.

### **New Stanford Medicine Partners (SMP) SHCA Plan**

For 2024, Stanford Medicine Partners are offering a new SHCA plan:

SMP Triple Option POS II

The SMP Triple Option POS II offers in-network and out-of-network benefits; however, member cost share may be impacted. Please refer to the member's benefit plan. Unlike other SHCA plans, the SMP Triple Option POS II plan includes all of Sutter Health's providers and facilities in network. This includes the Palo Alto Medical Foundation physicians and Eden Medical Center along with other Sutter Health providers. There are no changes to the existing EPO SHCA plan for SMP enrollees.



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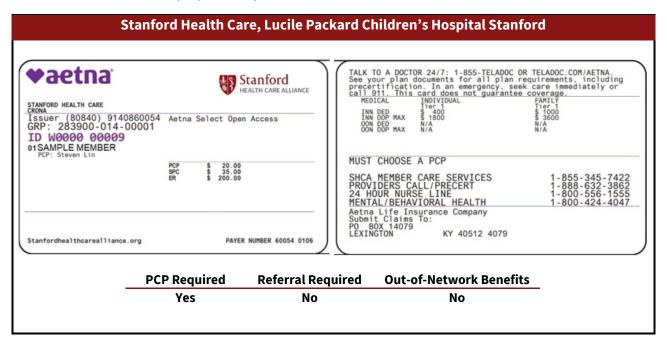
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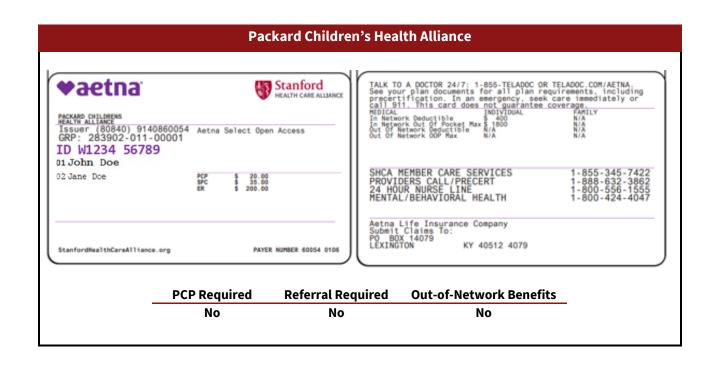
# **How to Identify Members in SHC Alliance Plans**

## Sample ID Cards

Below is a quick guide to help identify members of the SHC Alliance plans. This section also describes the requirements associated with the various employer groups.

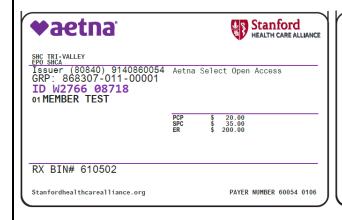
### **SHC Alliance Stanford Employer Groups**

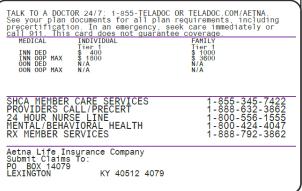




### **Stanford Health Care Tri-Valley**

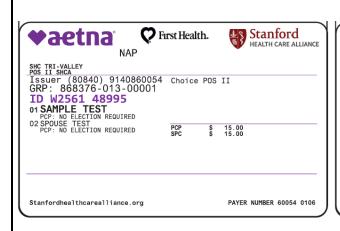
#### **EPO SHCA Plan**

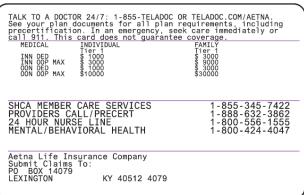




| PCP Required | <b>Referral Required</b> | Out-of-Network Benefits |
|--------------|--------------------------|-------------------------|
| No           | No                       | No                      |

#### **POS II and HDHP SHCA Plans**



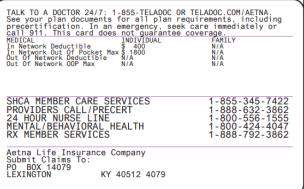


| PCP Required | Referral Required | Out-of-Network Benefits |
|--------------|-------------------|-------------------------|
| No           | No                | Yes                     |



#### **EPO SHCA Plan**

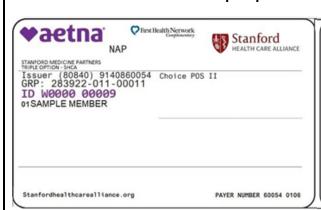




PCP Required Referral Required Out-of-Network Benefits

No No No

#### Triple Option SHCA Plan - New for 2024



TALK TO A DOCTOR 24/7: 1-855-TELADOC OR TELADOC.COM/AETNA.
See your plan documents for all plan requirements, including precentification. In an emergency, seek care immediately or call 911. This card does not guarantee coverage.

MEDICAL INDIVIDUAL FACT OF A STATE OF A STATE

PCP Required Referral Required Out-of-Network Benefits

No No Yes

## **Stanford University Postdoctoral Scholars**



StanfordHealthCareAlliance.org

TALK TO A DOCTOR 24/7: 1-855-TELADOC OR TELADOC.COM/AETNA.
See your plan documents for all plan requirements, including precertification. In an emergency, seek care immediately or call 911. This card does not guarantee coverage.

MEDICAL INDIVIDUAL FAMILY
IN Network Deductible N/A N/A
In Network Out Of Pocket Max \$ 3500 \$ 7000
Out Of Network Deductible \$ 1500 \$ 4500
Out Of Network DOP Max \$ 15000 \$ 45000

1-855-345-7422 1-888-632-3862 1-800-556-1555 1-800-424-4047 SHCA MEMBER CARE SERVICES PROVIDERS CALL/PRECERT
24 HOUR NURSE LINE
MENTAL/BEHAVIORAL HEALTH RX MEMBER SERVICES 1-888-792-3862

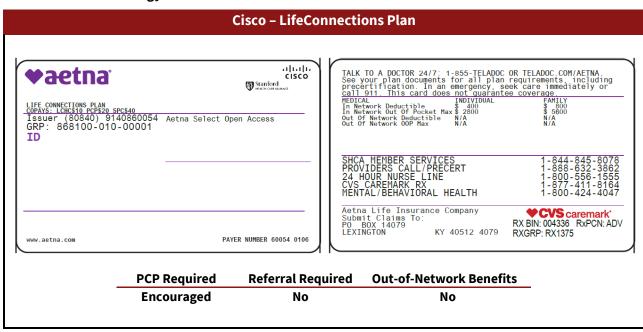
Aetna Life Insurance Company Submit Claims To:

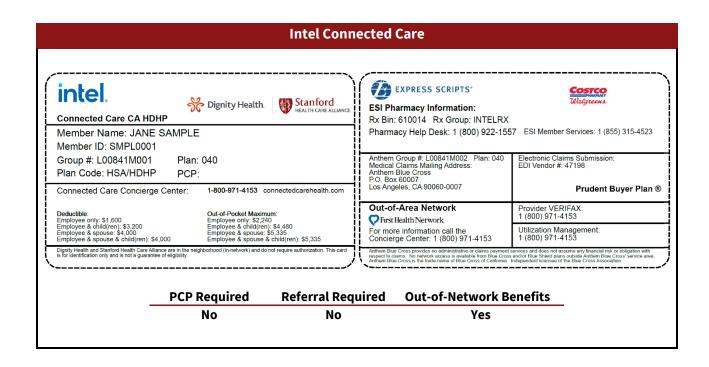
PO BOX 14079 LEXINGTON KY 40512 4079

| PCP Required | <b>Referral Required</b> | Out-of-Network Benefits |
|--------------|--------------------------|-------------------------|
| No           | No                       | Yes                     |

PAYER NUMBER 60054 0106

### **SHC Alliance Technology Clients**





# **Precertification and Prior Authorization**

### Stanford and Cisco SHC Alliance Plans - Prior Authorizations

The SHC Alliance plans for Stanford and Cisco utilize the **Aetna National Precertification List** ("**Aetna NPL**"). The current Aetna NPL can be located at the following link, and is routinely updated on a quarterly basis: <a href="https://www.aetna.com/content/dam/aetna/pdfs/aetnacom/healthcare-professionals/2024 Precert List.pdf">https://www.aetna.com/content/dam/aetna/pdfs/aetnacom/healthcare-professionals/2024 Precert List.pdf</a>

Providers can submit authorizations for Stanford or Cisco members to SHC Alliance through the Aetna Provider Portal or by calling Aetna at 1-888-632-3862. Providers can determine if a CPT code is required for precertification by entering one or more 5-ditgit CPT codes via: <a href="https://www.aetna.com/health-care-professionals/precertification/precertification-lists.html">https://www.aetna.com/health-care-professionals/precertification/precertification-lists.html</a>

Providers can also review the Behavioral Health Precertification List via: <a href="https://www.aetna.com/content/dam/aetna/pdfs/aetnacom/healthcare-professionals/documents-forms/bh-precert\_list.pdf">https://www.aetna.com/content/dam/aetna/pdfs/aetnacom/healthcare-professionals/documents-forms/bh-precert\_list.pdf</a>

| Special programs requiring precertification   | Contact Information and Website   |
|---|---|
| BRCA testing  | Aetna Provider Portal or by phone 1-877-794-8720  |
| Gender Reassignment Surgery   | Aetna's Provider Service Center 1-888-632-3862  |
| Infertility Program   | National Infertility Unit (NIU): 1-800-575-5999   |
| Infertility Program: Injectables  | For Stanford University Postdoctoral Scholars and for Stanford<br>Health Care Tri-Valley EPO SHCA plan:<br>Aetna Specialty Pharmacy 1-800-237-2767  |
|   | For Stanford Health Care Tri-Valley POS II and HDHP SHCA plans:<br>OptumRx 1-866-230-8234   |
|   | For Stanford Health Care, Stanford Medicine Partners, Lucile Packard Children's Hospital Stanford, Packard Children's Health Alliance, and Cisco:  CVS Caremark Pharmacy 1-800-294-5979 <a href="https://eforms.com/prior-authorization/cvscaremark/">https://eforms.com/prior-authorization/cvscaremark/</a> |
| Mental Health or Substance<br>Abuse Services Precertification<br>Note: Includes Autism Spectrum Disorders<br>(ABA Therapy only) | Aetna's Provider Service Center 1-888-632-3862  |
| <b>Transplant</b> Note: All related codes requested as part of a Pre-Transplant Evaluation, Transplant, or Post-Transplant      | Aetna's Provider Service Center 1-888-632-3862  |

#### Intel Connected Care California - Prior Authorizations

Intel does not use a standard national precertification list and requires medical necessity review only for inpatient services at *non-Stanford owned hospitals*. For details on the Intel authorization process, contact Connected Care's Concierge Center at 1-800-971-4153.

The in-network *non-Stanford owned hospitals* that require prior authorization include:

- AHMC Seton Medical Center
- Good Samaritan Hospital
- El Camino Hospital Mountain View Hospital
- El Camino Hospital Los Gatos Hospital
- John Muir Health, Concord Medical Center
- John Muir Health, Walnut Creek Medical Center

- O'Connor Hospital
- Regional Medical Center of San Jose
- St. Louise Regional Hospital
- St. Rose Hospital
- UCSF Benioff Children's Hospital Oakland
- Sequoia Hospital
- Washington Hospital Healthcare System

Sutter facilities and providers are all out-of-network for the Connected Care plan. Members will incur very high out of pocket coinsurance if Sutter is used.

In the event a member may require *medical services from an out-of-network provider*, the referring provider will be required to submit a referral request and should contact the Connected Care Concierge Center at 1-800-971-4153 for additional instructions.

# **Express Care, After Hours and Urgent Care**

# Where should I go for care?





For preventative and non-urgent care



For prompt, afterhours care when it's not life-threatening

# Walk in and get care for minor illnesses or injuries

For urgent care when it's not life-threatening



Anytime care for life-threatening emergencies

#### **Primary Care Doctor**

Appointment: Yes Hours: Business Visits: Video and in-person

Annual exams • Routine care, including minor ailments and injuries • Blood tests • Care for

### Stanford Express Care

Appointment: Yes, same-day Hours: Daily, varies by location Visits: Video and in-person

#### Stanford Walk-In Clinic

Appointment: No Hours: Monday–Friday, 2:30pm–10:00pm

Minor ailments including cold, cough, flu, sore throats, congestion, headaches, fever, ear infections,

and insect bites • Vomiting and diarrhea • Back pain • Abdominal pain • Mild asthma

urinary tract infections and rashes • Minor injuries including sprains, cuts, puncture wounds, burns, animal

#### **Urgent Care**

Appointment: Yes, same-day Hours: Daily, varies by location Visits: Video and in-person

#### **Emergency Department**

Appointment: No Hours: 24/7

Call 911 or go to the nearest hospital for life-threatening emergencies



# When you are unable to see your primary care doctor, but it's not serious enough for the emergency department

#### Stanford Express Care - Castro Valley >>

20642 John Dr Castro Valley, CA 94546 Phone: 510-785-5000 Hours: Mon–Fri, 7am–7pm Sat–Sun, 9am–7pm

#### Stanford Express Care - Palo Alto >>

211 Quarry Rd, Ste 102 Palo Alto, CA 94304 Phone: 650-736-5211 Hours: Daily, 9am–9pm

#### Stanford Express Care - San Jose >>

52 Skytop St, Ste 10 San Jose, CA 95134 Phone: 669-294-8888 Hours: Daily, 9am-9pm

# Stanford Medicine Imaging and Express Care >>

798 S Winchester Blvd San Jose, CA 95128 Phone: 408-984-7226 Hours: Mon-Fri, 8am-8pm Sat-Sun, 9am-7pm

#### Stanford Walk-In Clinic >>

211 Quarry Rd, Ste 402 Palo Alto, CA 94304 Phone: 650-498-3328 Hours: Mon-Fri, 2:30pm-10:00pm

# Stanford Health Care Tri-Valley Urgent Care >>

1133 E Stanley Blvd Livermore, CA 94550 Phone: 925-373-4018 Hours: Daily, 10am–8pm Holidays\*, 10am–3pm

4000 Dublin Blvd, Ste 150 Dublin, CA 94568 Phone: 925-479-3773 Hours: Daily, 10am–8pm Holidays\*, 10am–3pm

\*July 4th, Thanksgiving and Christmas

### After Hour Pediatrics Urgent Care >>

210 Baldwin Ave San Mateo, CA 94401 Phone: 650-579-6581 Hours: Mon–Fri, 5pm–10pm Sat–Sun, 10am–10pm

#### O'Connor Pediatric Urgent Care >>

2101 Forest Ave, Ste 130 San Jose, CA 95128 Phone: 408-283-7677 Hours: Mon-Fri, 2pm-9pm

#### LifeConnections Health Center >> \*Cisco LifeConnections members only

3571 N First St • Campus Bldg Q, 2nd Fl San Jose, CA 95134

Phone: 408-424-2000 Hours: Mon–Fri, 8am–7pm Sat, 8am–5pm Closed on major holidays

Additional urgent care centers are available in the network. Please refer to the directory for a complete list or contact SHCA's Member Care Services Team at 855-345-7422 (Stanford groups) or 844-845-8078 (Cisco). Connected Care members can contact Connected Care's Concierge Center at 800-971-4153.

## **Carbon Health**

SHCA members have access to Carbon Health urgent care clinics located throughout the Bay Area. Carbon Health offer same day and virtual appointments for non-life-threatening conditions and care. For more information and additional locations, please visit CarbonHealth.com.

## **Carbon Health Urgent Care Clinics**

## Alameda – Bridgeside Shopping Center

2671 Blanding Ave, Ste A&B Alameda, CA 94501 Phone: 510-694-4816 Hours: Daily, 9am–7pm

#### **Berkeley - Telegraph Ave**

2920 Telegraph Ave Berkeley, CA 94705 Phone: 510-686-3621 Hours: Daily, 9am–7pm

#### Campbell - S Bascom Ave

1760 S Bascom Ave, #140 Campbell, CA 95008 Phone: 408-214-9732 Hours: Daily, 9am-7pm

#### **Mountain View - San Antonio Center**

2580 W El Camino Real, #6 Mountain View, CA 94040 Phone: 650-540-8851 Hours: Daily, 8:30am–4:30pm

#### **Oakland - Grand Ave**

411 Grand Ave Oakland, CA 94610 Phone: 510-844-4097 Hours: Daily, 8am-6pm

#### San Francisco - Spear St

345 Spear St, Ste 120 San Francisco, CA 94105 Phone: 415-612-3275 Hours: Daily, 9am–7pm

#### San Jose - Almaden Ranch

5120 Cherry Ave, #20 San Jose, CA 95118 Phone: 408-780-2532 Hours: Daily, 9am-7pm

#### San Jose - El Paseo de Saratoga

1390 El Paseo de Saratoga, #1390 San Jose, CA 95130 Phone: 408-533-0345 Hours: Mon-Fri, 9am-7pm

#### San Jose - Market Park

1411 Berryessa Rd, Ste 30 San Jose, CA 95131 Phone: 408-785-6344 Hours: Daily, 9am-7pm

#### San Jose - Santana Row

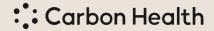
377 Santana Row, #1180 San Jose, CA 95128 Phone: 669-247-4773 Hours: Daily, 9am-7pm

#### San Mateo - Hillsdale Mall

46 Hillsdale Mall San Mateo, CA 94403 Phone: 650-769-5612 Hours: Daily, 9am–7pm

#### Santa Clara - Santa Clara Square

2712 Augustine Dr, Ste 120 Santa Clara, CA 95054 Phone: 408-780-2542 Hours: Daily, 9am–7pm





# Feel better, faster

Carbon Health is a convenient urgent care provider with locations around the Bay Area.

As a Stanford Health Care Alliance plan member, you have access to same-day and virtual care for your and your family's urgent healthcare needs.

Walk-ins are always welcome!

## Avoid the ER for urgent care:

We can treat acute illnesses including cold symptoms, sprains and cuts, and asthma attacks or difficulty breathing.

# Connected care wherever you start:

Your urgent care visit is securely shared with your Stanford Health Care team, so your health journey is always connected.

# Download the Carbon Health app today:

The app lets you book in-person or virtual appointments, view test results and medical records, manage prescriptions, or message your care team.

# Nearby when you need care

San FranciscoMarin CountyCivic CenterCorte MaderaIrving StNovatoMarket StSan Rafael

Spear St Stonestown

tonestown Peninsula/South Bay

East Bay San Mateo
Alameda - Bridgeside Santa Clara
Alameda - Landing Campbell

Albany Mountain View - '23

Antioch
Berkeley
Concord
Martinez
San Jose
Almaden Ranch
El Paseo de Saratoga
Oakland
Market Park

Santana Row



# **Additional Resources**

#### **Behavioral Health Resources**

A behavioral health resource listing is available for all SHC Alliance employer groups. Please refer to page 29 of this guide or visit the <u>SHC Alliance Provider Resources</u> page to view the latest behavioral resource grid.

#### **Hey Jane** (Not available to Intel Connected Care members)

Hey Jane is a virtual only telemedicine provider that provides reproductive health services, including medical abortion and contraception consultation and prescription. Members must reside in the following states for the duration of treatment: California, Colorado, Illinois, New Mexico, New York and Washington.

### **Hinge Health** (Available to SHC/LPCH non-CRONA and PCHA members only)

Hinge Health is a digital clinic that provides home-based virtual physical therapy for joint and back pain. Please visit <a href="https://example.com">hingehealth.com</a>, for more information.

## **Infertility and Reproductive Health**

Stanford Children's Reproductive, Endocrinology & Infertility (REI) clinic at Sunnyvale offers a comprehensive array of infertility treatment options for both female and male. For more information, please visit <a href="Stanford Children's Health">Stanford Children's Health</a> - Fertility and Reproductive Health.

## **LGBTQ+ Patients**

Having a physician who is familiar with the needs of an LGBTQ+ patient increases an individual's trust and makes it easier to communicate candidly with their doctor. The LGBTQ+ Health Program at Stanford Health Care offers specialized expertise with ease of access for LGBTQ+ individuals. For more information, please visit LGBTQ+ Program | Stanford Health Care.

#### Maven Clinic (Available to SHC/LPCH non-CRONA, PCHA and SHC TV members only)

Maven Clinic is a virtual clinic that provides 24/7 virtual care to women and their family through their maternity journey. Membership is available at no cost through Aetna's Enhanced Maternity Program. For more information or to join, please visit:

- LPCH: mavenclinic.com/join/StanfordChildrens
- PCHA: mavenclinic.com/join/PackardChildrens
- SHC: mavenclinic.com/join/SHC
- SHC TV: <u>mavenclinic.com/join/SHCTriValley</u>

# **At-a-Glance Summary**

# SHC Alliance Stanford Employer Groups

|                           | SHC ALLIANCE  |  | E TECHNOLOGY CLIENTS   |
|---------------------------|---|--|--|
|                           | SHC ALLIANCE STANFORD EMPLOYER GROUPS   | Cisco                                    | Intel  |
| Employer<br>Group         | <ul> <li>Lucile Packard Children's Hospital Stanford</li> <li>Stanford Health Care</li> <li>Packard Children's Health Alliance</li> <li>Stanford Health Care Tri-Valley</li> <li>Stanford Medicine Partners</li> <li>Stanford University Postdoctoral Scholars</li> </ul> | Cisco Systems, Inc.                      | Intel Corporation  |
| Member<br>Eligibility     | SHC and SMP users: verify eligibility<br>Others: Aetna's provider portal <u>Availity.co</u><br>1-888-632-38   | <u>m</u> or contact Provider Services at | Check eligibility in Connected Care's provider portal at <a href="mailto:secure.healthx.com/connectedcareprovideraccess">secure.healthx.com/connectedcareprovideraccess</a> or contact the Concierge Team at 1-800-971-4153. |
| PCP Selection<br>Required | No PCP selection is required for SHC and LPCH employer groups.  | Encouraged                               | Encouraged   |
| Network<br>Directory      | stanfordhealthcarealliance.org  | tinyurl.com/ciscoproviders               | <u>connectedcareproviders.com</u>  |
| Referral<br>Required      | No  |  | No   |
| Authorization<br>Required | Yes, for CPT codes, drugs and injectables included  Providers can search be https://www.aetna.com/health-care-profession lists.html   | oy CPT code:                             | Limited to hospitalizations.  Authorization is not required for Stanford facilities (Lucile Packard Children's Hospital Stanford, Stanford Hospital and Stanford Health Care Tri- Valley).                                   |

|                           | SUS ALLIANSE STANFORD ENDLOYED SPOURS  | SHC ALLIANCE TECHNOLOGY CLIENTS |  |
|---------------------------|--|---------------------------------|--|
|                           | SHC ALLIANCE STANFORD EMPLOYER GROUPS  | Cisco                           | Intel  |
|                           | Electronic claim subm<br>https://www.aetna.com/health-care-profe<br>reimbursement/electronic-        | essionals/claims-payment-       | Electronic claim submission:<br>Payer ID 47198   |
| Claim<br>Submission       | EDI Vendor #6005  Paper claim submissions (CMS- P.O. Box 14079  Lexington, KY 40512-                 | 1500 or UB-04):                 | Paper claim submissions: Group #: L00841M002 Plan: 040 Anthem Blue Cross P.O. Box 60007 Los Angeles, CA 90060-0007                                     |
|                           | For disputes and apper Provider Resolution P.O. Box 14020 Lexington, KY 405 Fax: 1-859-455-86        | peals:<br>Team<br>12            | For disputes and appeals: Connected Care Provider Grievance & Appeal Department P.O. Box 2900 Milwaukee WI 53201-2900                                  |
| Preferred<br>Laboratories | LabCorp, Quest Diagnostics, and Stanford Health C<br>member benefits for member cost share which car |                                 | LabCorp and Quest Diagnostics are preferred laboratories; Stanford Health Care laboratories are also in-network, but member cost share may be impacted |

|   | SHC ALLIANCE STANFORD ENDLOYER CROUDS  |   | CE TECHNOLOGY CLIENTS   |
|---|--|---|---|
|   | SHC ALLIANCE STANFORD EMPLOYER GROUPS  | Cisco   | Intel   |
| Preferred<br>Radiology and<br>Imaging<br>Services     | RadNet (Valley Radiology Medical Associates and NorCal Imaging), SimonMed Health Diagnostics facilities, and Stanford facilities are in-network. For a complete list, refer to the network directory.  Note: For SHC and LPCH, coinsurance does not apply to Tier 1 facilities (Stanford Hospital, Lucile Packard Children's Hospital Stanford and Stanford Health Care Tri-Valley | RadNet (Valley Radiology Medical Associates and NorCal Imaging), SimonMed Health Diagnostics facilities, and Stanford facilities are innetwork. For a complete list, refer to the Cisco network directory.                | RadNet (Valley Radiology Medical Associates and NorCal Imaging), Health Diagnostics, and other facilities are preferred. Stanford facilities are innetwork, but member cost share may be impacted. For a complete list, refer to Intel's network directory. |
| Behavioral<br>Health                                  | Network includes Stanford and Aetna behavioral health providers. For a complete list, refer to the network directory website.  See page 30 for Behavioral Health resource guide.   |   | For a full listing of Behavioral Health providers, please refer to the Intel network directory website.  See page 30 for Behavioral Health resource guide.  All Sutter providers and facilities are excluded from the network.                              |
| Near Site<br>Clinics (in<br>proximity to<br>employer) | Stanford Express Care 211 Quarry Rd, Ste 102 Palo Alto, CA 94304 1-650-736-5211  Stanford Walk-In Clinic 211 Quarry Rd, Ste 402 Palo Alto, CA 94304 1-650-498-3328   | LifeConnections Health Center 3571 North First St. Campus Building Q, 2nd Floor San Jose, CA 95134 1-408-424-2000  Crossover Health @ SOMA 49 Stevenson St, 14 <sup>th</sup> Floor San Francisco, CA 94105 1-415-963-0573 | Stanford Santa Clara Primary Care 2518 Mission College Blvd San Jose, CA 95054 1-408-688-9720  Stanford Express Care San Jose 52 Skytop St., Suite 10 San Jose, CA 95134 1-669-294-8888   |

# **Network Summary**

This section provides an overview and highlights of each employers' network. For a complete list of network providers by employer group, please consult the network directory specific to that employer or contact Provider Services.

| SHC Alliance Employer             | Key Hospitals  | Other Providers and Ancillaries   |
|-----------------------------------|--|---|
| Stanford Postdoctoral<br>Scholars | <ul> <li>Network Hospitals</li> <li>Lucile Packard Children's Hospital Stanford</li> <li>Stanford Hospital</li> <li>Stanford Health Care Tri-Valley</li> <li>Select Aetna contracted hospitals within the service area (e.g., El Camino, Good Samaritan, Washington Hospital, Alta Bates Summit Medical Center (ABSMC), California Pacific Medical Center (CPMC))</li> <li>Note: Only two Sutter hospitals are included in the network: (1) Alta Bates Summit Medical Center (ABSMC) and (2) California Pacific Medical Center (CPMC). All other Sutter hospitals are excluded.</li> <li>For the complete network directory visit: stanfordhealthcarealliance.org</li> </ul> | <ul> <li>Stanford Health Care Alliance Network Providers:         <ul> <li>All Stanford providers including Stanford Health Care (SHC) and SHC Tri-Valley, Stanford Medicine Partners (SMP), Packard Children's Health Alliance (PHCA), Lucile Packard Children's Hospital Stanford (LPCH)</li> <li>Select Aetna supplemental contracted providers including Affinity Medical Group, and ancillary providers (e.g., DME, acupuncture, chiropractors, behavioral health)</li> <li>Select Brown &amp; Toland physicians primarily located in San Francisco and San Mateo counties</li> <li>Washington Township Medical Foundation physicians</li> <li>Sutter Pacific Medical Foundation physicians located in San Francisco</li> <li>Sutter East Bay Medical Foundation physicians located in Alameda and Contra Costa counties</li> </ul> </li> <li>Out-of-Network Providers: Access to Aetna's Choice POS II network outside of the Bay Area 5 core counties within the U.S.:         <ul> <li>Out-of-network benefit level</li> </ul> </li> <li>Palo Alto Medical Foundation (PAMF) physicians are out-of-network</li> </ul> |

| SHC Alliance Employer   | Key Hospitals  | Other Providers and Ancillaries  |
|---|--|--|
| - Lucile Packard Children's Hospital Stanford  - Packard Children's Health Alliance  - Stanford Health Care  - Stanford Medicine Partners - EPO SHCA Plan | Network Hospitals  Tier 1 Benefit Level:  Lucile Packard Children's Hospital Stanford  Stanford Hospital  Stanford Health Care Tri-Valley  Tier 2 Benefit Level:  Select Aetna contracted hospitals within the service area (e.g., El Camino, Good Samaritan, Washington Hospital, Alta Bates Summit Medical Center (ABSMC), California Pacific Medical Center (CPMC))  Note:  1. Only two Sutter hospitals are included in the network: (1) Alta Bates Summit Medical Center (ABSMC), and (2) California Pacific Medical Center (CPMC). All other Sutter hospitals are excluded.  2. For SHC and LPCH non-CRONA members only: El Camino and Sequoia hospital charges for delivery and newborn services only is covered at Tier 1 Benefit Level; all other non-maternity services would apply to Tier 2.  For the complete network directory visit: stanfordhealthcarealliance.org | <ul> <li>Stanford Health Care Alliance Network Providers:         <ul> <li>All Stanford providers including Stanford Health Care (SHC) and SHC Tri-Valley, Stanford Medicine Partners (SMP), Packard Children's Health Alliance (PHCA), Lucile Packard Children's Hospital Stanford (LPCH)</li> <li>Select Aetna supplemental contracted providers including Affinity Medical Group, and ancillary providers (e.g., DME, acupuncture, chiropractors, behavioral health)</li> <li>Select Brown &amp; Toland physicians primarily located in San Francisco and San Mateo counties</li> <li>Washington Township Medical Foundation physicians</li> <li>Sutter Pacific Medical Foundation physicians located in San Francisco</li> <li>Sutter East Bay Medical Foundation physicians located in Alameda and Contra Costa counties</li> </ul> </li> <li>Out-of-Area Coverage:         <ul> <li>For SHC and LPCH non-CRONA members only, access to Aetna's Select Open Access network outside of the Bay Area 5 core counties.</li> <li>Out-of-Network Providers: Plans for these employer groups do not include out-of-network benefits.</li> </ul> </li> </ul> |
|   |  | Palo Alto Medical Foundation (PAMF) physicians are out-of-network  |

| SHC Alliance Employer                                 | Key Hospitals  | Other Providers and Ancillaries   |
|---|--|---|
| Stanford Medicine Partners - SHCA Triple Option Plan  | Network Hospitals  Tier 1 Benefit Level:  Lucile Packard Children's Hospital Stanford  Stanford Hospital  Stanford Health Care Tri-Valley  Tier 2 Benefit Level:  Aetna contracted hospitals within the service area (e.g., El Camino, Good Samaritan, Washington Hospital and Sutter Bay Area hospitals)  For the complete network directory visit:  stanfordhealthcarealliance.org | <ul> <li>Stanford Health Care Alliance Network Providers:</li> <li>All Stanford providers including Stanford Health Care (SHC) and SHC Tri-Valley, Stanford Medicine Partners (SMP), Packard Children's Health Alliance (PHCA), Lucile Packard Children's Hospital Stanford (LPCH)</li> <li>Palo Alto Medical Foundation, Sutter Gould Medical Foundation, all Bay Area Sutter providers and all other</li> <li>Select Aetna supplemental contracted providers including Affinity Medical Group, and ancillary providers (e.g., DME, acupuncture, chiropractors, behavioral health)</li> <li>Select Brown &amp; Toland physicians primarily located in San Francisco and San Mateo counties</li> <li>Washington Township Medical Foundation physicians</li> <li>Out-of-Network Providers: 40% coinsurance after deductible (copay + 40% coinsurance for prescription drug)</li> </ul> |
| Stanford Health Care<br>Tri-Valley – EPO SHCA<br>Plan | Network Hospitals  Tier 1 Benefit Level:  Lucile Packard Children's Hospital Stanford  Stanford Hospital  Stanford Health Care Tri-Valley  Tier 2 Benefit Level:  Select Aetna contracted hospitals within the service area (e.g., El Camino, Good Samaritan, Washington Hospital)  For the complete network directory visit:  stanfordhealthcarealliance.org                        | <ul> <li>Stanford Health Care Alliance Network Providers:         <ul> <li>All Stanford providers including Stanford Health Care (SHC) and SHC Tri-Valley, Stanford Medicine Partners (SMP), Packard Children's Health Alliance (PHCA), Lucile Packard Children's Hospital Stanford (LPCH)</li> <li>Select Aetna supplemental contracted providers including Affinity Medical Group, and ancillary providers (e.g., DME, acupuncture, chiropractors, behavioral health)</li> <li>Select Brown &amp; Toland physicians primarily located in San Francisco and San Mateo counties</li> <li>Washington Township Medical Foundation physicians</li> </ul> </li> <li>Out-of-Network Providers: No out-of-network benefits.</li> <li>All Sutter facilities and providers, including Palo Alto Medical Foundation (PAMF) physicians are out-of-network.</li> </ul>                           |

| SHC Alliance Employer   | Key Hospitals  | Other Providers and Ancillaries   |
|---|--|---|
| SHC Alliance Employer  Stanford Health Care Tri-Valley – POS II and HDHP SHCA Plans | Network Hospitals  Tier 1 Benefit Level:  • Stanford Health Care Tri-Valley  Tier 2 Benefit Level:  • Lucile Packard Children's Hospital Stanford  • Stanford Hospital  • Sutter Bay Area hospitals  • Aetna contracted hospitals  For the complete network directory visit:  stanfordhealthcarealliance.org | <ul> <li>Stanford Health Care Alliance Network Providers:</li> <li>All Stanford providers including Stanford Health Care (SHC) and SHC Tri-Valley, Stanford Medicine Partners (SMP), Packard Children's Health Alliance (PHCA), Lucile Packard Children's Hospital Stanford (LPCH)</li> <li>Palo Alto Medical Foundation, Sutter Gould Medical Foundation, all Bay Area Sutter providers and all other</li> <li>Select Aetna supplemental contracted providers including Affinity Medical Group, and ancillary providers (e.g., DME, acupuncture, chiropractors, behavioral health)</li> <li>Select Brown &amp; Toland physicians primarily located in San Francisco and San Mateo counties</li> <li>Washington Township Medical Foundation physicians</li> </ul> |
|   |  | Out-of-Network Providers: 50% coinsurance after deductible (does not apply to prescription drug coverage)   |

| SHC Alliance Employer | Key Hospitals   | Other Providers and Ancillaries  |
|-----------------------|---|--|
| Cisco                 | Network Hospitals     Lucile Packard Children's Hospital Stanford     Stanford Hospital     Stanford Health Care Tri-Valley     Select Aetna contracted hospitals within the service area (e.g., El Camino, Good Samaritan, Washington Hospital, Alta Bates Summit Medical Center (ABSMC), California Pacific Medical Center (CPMC))  Note: Only two Sutter hospitals are included in the network: (1) Alta Bates Summit Medical Center (ABSMC), and (2) California Pacific Medical Center (CPMC). All other Sutter hospitals are excluded.  For the complete network directory visit:     tinyurl.com/ciscoproviders | <ul> <li>Stanford Health Care Alliance Network Providers:         <ul> <li>LifeConnections Health Center (LCHC): Stanford manages and staffs the Cisco onsite LCHC clinic, which is the preferred provider for primary care and core to the Cisco health plans</li> <li>Crossover Health @ SOMA located in San Francisco</li> <li>All Stanford providers including Stanford Health Care (SHC) and SHC Tri-Valley, Stanford Medicine Partners (SMP), Packard Children's Health Alliance (PHCA), Lucile Packard Children's Hospital Stanford (LPCH)</li> <li>Select Aetna supplemental contracted providers including Affinity Medical Group, and ancillary providers (e.g., DME, acupuncture, chiropractors, behavioral health)</li> <li>Select Brown &amp; Toland physicians primarily located in San Francisco and San Mateo counties</li> <li>Washington Township Medical Foundation physicians</li> <li>Sutter Pacific Medical Foundation physicians located in San Francisco</li> <li>Sutter East Bay Medical Foundation physicians located in Alameda and Contra Costa counties</li> </ul> </li> <li>Out-of-Area Coverage: Access to Aetna's Select Open Access network outside of the Bay Area 5 core counties. Emergency Room (ER) and Urgent Care is covered everywhere.</li> <li>Out-of-Network Providers: No out-of-network benefits with the exception of ER and Urgent Care.</li> <li>Palo Alto Medical Foundation (PAMF) physicians are out-of-network</li> </ul> |

| SHC Alliance Employer | Key Hospitals   | Other Providers and Ancillaries  |
|-----------------------|---|--|
| Intel                 | <ul> <li>Lucile Packard Children's Hospital Stanford</li> <li>Stanford Hospital</li> <li>Stanford Health Care Tri-Valley</li> <li>(Note: these hospitals do not require prior authorization)</li> <li>The hospitals listed below require prior authorization</li> <li>El Camino Hospital (Mountain View and Los Gatos)</li> <li>Good Samaritan Hospital</li> <li>John Muir Health (Concord and Walnut Creek)</li> <li>O'Connor Hospital</li> <li>Regional Medical Center of San Jose</li> <li>St. Rose Hospital</li> <li>St. Louise Regional Hospital</li> <li>Sequoia Hospital</li> <li>Seton Medical Center</li> <li>UCSF Benioff Children's Hospital Oakland</li> <li>Washington Hospital</li> <li>Note: All Sutter hospitals are excluded.</li> <li>For the complete network directory visit: connectedcareproviders.com</li> </ul> | In-Network Tiers (5% coinsurance) Primary Network ("Medical Neighborhood")  • All Stanford providers and specifically designated Anthem's wrap providers within the service area (including Affinity Medical Group and Washington Township Medical Foundation)  Anthem's PPO network outside of the service area  • Anthem's PPO network of providers primarily for out-of-area dependents and members who travel  • First Health national network for out of state  Out-of-Network Tiers (40% coinsurance) Anthem's PPO network within the service area (providers who are not in the Primary Network, but are contracted with Anthem PPO)  • Out-of-network benefit level at Anthem contracted rates  Out-of-Network Providers (not contracted with Anthem)  • Out-of-network, no contract rates  All Sutter providers are Tier 4 and considered out-of-network.  Members will incur high out of pocket charges associated with visits to Sutter facilities and providers. |



# Prescription Drug and Pharmacy Benefits Manager (PBM) Program

| SHC Alliance Employer  | РВМ  | Provider Contact Information   |
|--|--|--|
| Stanford Health Care Tri-Valley<br>(EPO SHCA plan only)  Stanford University Postdoctoral Scholars   | Aetna Pharmacy<br>Network                        | 1-800-AETNA RX (1-800-238-6279)<br>MD Rx line: 1-800-641-6444<br>Fax: 1-877-270-3317   |
| Stanford Health Care  Stanford Medicine Partners (EPO and Triple Option SHCA plans)  Lucile Packard Children's Hospital Stanford  Packard Children's Health Alliance | CVS Caremark                                     | Customer Care: 1-844-449-0364 Pharmacy Help Desk: 1-800-364-6331 Mail Order: 1-800-378-5697; Fax: 1-800-378-0323 Specialty: 1-800-237-2761; Fax: 1-800-323-2445 Prior Authorization: 1-866-752-7021; Fax: 1-888-267-3277 |
| Stanford Health Care Tri-Valley<br>(POS II and HPHD plans only)  | OptumRx  | Customer Service: 1-866-230-8234 Pharmacy Help Desk: 1-855-842-6337 Specialty: 1-855-427-4682 Prior Authorizations: 1-800-711-4555, option 2   |
| Cisco  | CVS Caremark                                     | Cisco Customer Care: 1-877-411-8164  Mail Order: 1-877-864-7744; Fax: 1-800-378-0323  Specialty: 1-800-237-2767; Fax: 1-800-323-2445  Prior Authorization: 1-800-294-5979; Fax: 1-888-836-0730                           |
| Intel  | Express Scripts<br>(Accredo for<br>Specialty Rx) | 1-800-922-1557<br>MD Specialty Rx Line: 1-800-987-4904<br>Coverage/Prior Authorization Reviews: 1-800-753-2851   |

# **Claims Submission, Disputes and Appeals**

Claims must be submitted within 120 days from date of service. Providers should submit claims for SHC Alliance members directly to the TPA in accordance with the applicable existing claims submission procedures of the TPA designated in the At-A-Glance Table of this guide.

Electronic claim submission is the preferred method for submitting claims. Reimbursement and claims processing procedures are subject to the terms of your existing TPA provider service agreement. For further questions about claims related processing or reimbursement matters, contact the appropriate TPA claims administrator via the contact information provided on page 29.

#### For Stanford employer groups and Cisco

To file an appeal on the member's behalf, Aetna must receive a completed Authorized Representative Request form signed by the member. This form and the appeal request must be submitted to:

#### **Aetna**

Attention: National Account CRT P.O. Box 14463 Lexington, KY 40512 or Fax: 1-859-425-3379

#### **CVS Caremark**

CVS Caremark Appeals, MC109 P.O. Box 52084 Phoenix, AZ 85072-2084 or Fax: 1-866-443-1172

To be eligible for consideration, requests for adjustment or reconsideration of a claim **should be submitted 365 days** from the most recent date of action on the issue. All claim appeals will be reviewed, and outcomes communicated to the provider office via the EOP or letter.

#### For Intel Connected Care California

Connected Care will acknowledge receipt of all letters and respond with the resolution or action undertaken to resolve the matter. The resolution letter will follow within 30 calendar days after receipt of the grievance or appeal. The TPA will be copied on the correspondence and provide necessary information confirming the contract amount if a claim adjustment is warranted.

Participating providers are offered two levels of internal review. If a participating provider remains dissatisfied with the resolution of the issue and has additional relevant information to present, the participating provider may initiate a second level review request and include any additional relevant information. Refer to the process outlined above. The second level review determination is final and binding with respect to the contract amount.

# **Care Management**

SHC Alliance Care Managers provide clinical care coordination to manage members' optimal health. SHC Alliance Care Managers are Registered Nurses with hands-on experience in hospital care as well as other areas of clinical practice. When needed, Care Managers partner with providers as a participant of the member's care team in developing a plan of care specifically tailored to the member's needs. Care Managers monitor progress of the case and focus on closing care gaps by performing telephonic clinical assessments and coordinating with multiple entities including providers, family, caregivers and vendors to address and close care gaps. Once mutual goals are achieved, the case is closed. SHC Alliance Care Management can be reached via fax at 1-650-497-6927 for physicians referring patients for care management services, to send clinical notes related to the care management referral, and to receive the appropriate Care Management Referral Form.



# **EHR Systems and Interoperability**

#### **Stanford Epic System Naming Conventions**

If you are a Stanford Health Care (SHC) or Stanford Medicine Partners (SMP) provider and currently use the Epic Electronic Health Record system, continue to follow the existing process for verifying member eligibility and placing orders through Epic.

All SHC Alliance plan (coverage) names in Epic, including the Tapestry module, include "SHCA", the name or acronym of the employer group, the TPA, and if the plan is a COBRA account. There are numerous Stanford operating divisions, and the divisions will be specified by their account numbers. More information and tables listing Epic plan names are available to SHC and SMP users on the SHC Connect intranet.

#### **Epic CareEverywhere**

Providers that do not utilize the Stanford Health Care Epic system and are utilizing a different instance of Epic, can connect to the SHC Epic instance via CareEverywhere. Additionally, hospital health care systems can access CareEverywhere to exchange referral information.

### **Epic Prism Portal for Community Providers**

Providers who do not have access to Epic or CareEverywhere may sign up for the Prism Portal for "read-only" privileges to the member's Stanford Epic Medical Record. Providers can also utilize this portal to submit referrals directly into the Stanford physician community. For information on how to sign up for the Epic Prism Portal, see: <a href="mailto:prism-see">prism.stanfordhealthcare.org</a>

If you have further questions regarding access to Prism, contact the PRISM Navigation Line for assistance at 1-650-723-3333.

# **Contact Information**

|  | Stanford Employer Groups  | Cisco                               | Intel  |
|--|---|-------------------------------------|--|
| Member Care<br>Services/Concierge Center | 1-855-345-7422  | 1-844-845-8078                      | 1-800-971-4153   |
| Pharmacy Member Services                 | 1-888-792-3862  For SHC Tri-Valley POS II and HDHP members, contact OptumRx: 1-866-230-8234 | 1-877-411-8164                      | 1-855-315-4523   |
| Nurse Line                               | 1-800-556-1555 (available 24 hours)   | 1-800-556-1555 (available 24 hours) | 1-800-971-4153 (available only outside of normal business hours) |
| Provider Services                        | 1-888-632-3862  | 1-888-632-3862                      | 1-800-971-4153   |
| Provider Portal                          | <u>Availity.com</u>   | <u>Availity.com</u>                 | secure.healthx.com/connectedcare<br>provideraccess               |

<u>Stanford Health Care and Stanford Medicine Partners providers and staff</u>: This operations guide and additional SHC Alliance resources are available on <u>SHC Alliance Provider Resources</u> page. This site is accessible by internal users of SHC Connect.

<u>Stanford Medicine Children's Health and other SHC Alliance network providers</u>: This operations guide and other SHC Alliance resources can be found at <u>stanfordhealthcarealliance.org</u>.

For any additional information or questions, please contact the SHC Alliance Network Operations team at <a href="mailto:SHCAnetwork@StanfordHealthCare.org">SHCAnetwork@StanfordHealthCare.org</a>



#### Stanford Health Care Alliance - 2024 Behavioral Health Resources

Below are Behavioral Health resources for each SHCA employer group. Members can access a full listing of Stanford Health Care Alliance Behavioral Health providers by logging in at <u>aetna.com</u>. For Intel Connected Care members, please visit <u>connectedcarehealth.com</u>.

Members are encouraged to reach out to their Employee Assistance Program (EAP) for additional benefits. EAP programs are employee health benefit programs that assist employees with personal issues and/or work-related concerns that may impact their job performance, health, mental and emotional well-being. EAP resources may be offered at no-cost to the employee and vary by employer group.

<u>For questions regarding SHCA's network or for member assistance in finding a provider, members can contact SHCA's Member Care Services team at 855-345-7422. Connected Care members can contact Connected Care's Concierge Center at 800-971-4153.</u>

| Employer Groups   | Stanford Health Care Alliance (SHCA) Network and Other Resources   | Employee Assistance Program (EAP)   |
|---|--|---|
|   | SHC ALLIANCE STANFORD EMPLOYER GROUPS  |   |
| Lucile Packard Children's Hospital Stanford (CRONA and Non-CRONA)  Packard Children's Health Alliance | <ul> <li>Able To (8-week program with weekly visits, ages 18+)         844-330-3648     </li> <li>Aetna's Behavioral Health Network     </li> <li>855-345-7422 (SHCA's Member Care Services will assist in identifying in-</li> </ul>  | • Lyra Health  10 free in-person/virtual counseling sessions (per event) with a therapist or psychologist   |
| Stanford Health Care<br>(CRONA and Non-CRONA)   | network BH providers)  • ArrayAtHome (Televideo provider, ages 5+) 800-442-8938 arraybc.com • Brightline (Behavioral health for children and families)   | <ul> <li>877-337-3867 stanfordchildrens.lyrahealth.com</li> <li>Stanford University Faculty Staff Health Center</li> <li>650-723-4577</li> </ul>  |
| Stanford Health Care Tri-Valley   | LPCH, PCHA: <u>hellobrightline.com/stanfordchildrens</u><br>SHC: <u>hellobrightline.com/shc</u>  | SHC, SMP EAP  |
| Stanford Medicine Partners  | SHC Tri-Valley: hellobrightline.com/trivalley SMP: hellobrightline.com/stanfordpartners  • MDLive (Televideo provider, ages 10+) 855-824-2170 mdlive.com/bhcomm  • Meru Health (12-week virtual program for symptoms of anxiety, depression and burnout, no cost to members) LPCH, PCHA: meruhealth.com/lpch SHC, SHC Tri-Valley: meruhealth.com/shc SMP: meruhealth.com/aetna  • MindCheck (No cost, self-directed learning online tool) mindchecktoday.com  • Pacific Anxiety Group 650-762-8352 pacificanxietygroup.com  • Pause a Moment (PAM) (No cost, self-directed learning online tool) pam.stanford.edu  • Peninsula Behavioral Health 650-308-9215 penbh.com  • Portola Wellness 650-469-1360 portolawellness.com  • Talkspace (Digital mental health support, ages 13+) talkspace.com/aetna  • Teladoc Behavioral Health (Televideo provider, ages 13+) 855-835-2362 teladoc.com/aetna | <ul> <li>Carelon Behavioral Health         10 free in-person/virtual counseling sessions (per event) with a         therapist or psychologist         855-281-1601 achievesolutions.net/shctv     </li> <li>Stanford University Faculty Staff Health Center         650-723-4577 </li> <li>Stanford Health Care Tri-Valley EAP         <ul> <li>Carelon Behavioral Health</li> <li>10 free in-person/virtual counseling sessions (per event) with a</li></ul></li></ul> |



#### Stanford Health Care Alliance - 2024 Behavioral Health Resources

Below are Behavioral Health resources for each SHCA employer group. Members can access a full listing of Stanford Health Care Alliance Behavioral Health providers by logging in at <a href="mailto:aetna.com">aetna.com</a>. For Intel Connected Care members, please visit <a href="mailto:connectedcarehealth.com">connectedcarehealth.com</a>.

Members are encouraged to reach out to their Employee Assistance Program (EAP) for additional benefits. EAP programs are employee health benefit programs that assist employees with personal issues and/or work-related concerns that may impact their job performance, health, mental and emotional well-being. EAP resources may be offered at no-cost to the employee and vary by employer group.

<u>For questions regarding SHCA's network or for member assistance in finding a provider, members can contact SHCA's Member Care Services team at 855-345-7422. Connected Care members can contact Connected Care's Concierge Center at 800-971-4153.</u>

| Employer Groups                           | Stanford Health Care Alliance (SHCA) Network and Other Resources   | Employee Assistance Program (EAP)   |
|---|--|---|
|   | SHC ALLIANCE STANFORD EMPLOYER GROUPS  |   |
| Stanford University Postdoctoral Scholars | <ul> <li>Able To (8-week program with weekly visits, ages 18+) 844-330-3648</li> <li>Aetna's Behavioral Health Network 855-345-7422 SHCA's Member Care Services will assist in identifying in-network BH providers</li> <li>ArrayAtHome (Televideo provider, ages 5+) 800-442-8938 arraybc.com</li> <li>Brightline (Behavioral health for children and families) hellobrightline.com/supd</li> <li>Meru Health (12-week virtual program for symptoms of anxiety, depression and burnout, no cost to members) meruhealth.com/aetna</li> <li>MDLive (Televideo provider, ages 10+) 855-824-2170 mdlive.com/bhcomm</li> <li>MindCheck (No cost, self-directed learning online tool) mindchecktoday.com</li> <li>Pacific Anxiety Group 650-762-8352 pacificanxietygroup.com</li> <li>Pause a Moment (PAM) (No cost, self-directed learning online tool) pam.stanford.edu</li> <li>Peninsula Behavioral Health 650-308-9215 penbh.com</li> <li>Portola Wellness 650-469-1360 portolawellness.com</li> <li>Talkspace (Digital mental health support, ages 13+) talkspace.com/aetna</li> <li>Teladoc Behavioral Health (Televideo provider, ages 13+) 855-835-2362 teladoc.com/aetna</li> </ul> | Stanford University Postdoctoral Scholars EAP  • Faculty Staff Health Center 650-723-4577  • ComPsych – Guidance Resources Free, confidential counseling for members and eligible dependents 855-666-0519 guidanceresources.com Web ID: SUPDPAP |



#### Stanford Health Care Alliance - 2024 Behavioral Health Resources

Below are Behavioral Health resources for each SHCA employer group. Members can access a full listing of Stanford Health Care Alliance Behavioral Health providers by logging in at <a href="mailto:aetna.com">aetna.com</a>. For Intel Connected Care members, please visit <a href="mailto:connectedcarehealth.com">connectedcarehealth.com</a>.

Members are encouraged to reach out to their Employee Assistance Program (EAP) for additional benefits. EAP programs are employee health benefit programs that assist employees with personal issues and/or work-related concerns that may impact their job performance, health, mental and emotional well-being. EAP resources may be offered at no-cost to the employee and vary by employer group.

For questions regarding SHCA's network or for member assistance in finding a provider, members can contact SHCA's Member Care Services team at 855-345-7422. Connected Care members can contact Connected Care's Concierge Center at 800-971-4153.

| Employer Groups | Stanford Health Care Alliance (SHCA) Network and Other Resources  | Employee Assistance Program (EAP)  |  |
|-----------------|---|--|--|
|                 | SHC ALLIANCE TECHNOLOGY CLIENTS   |  |  |
| Cisco           | <ul> <li>Life Connections Health Center         408-424-2000</li> <li>Aetna's Behavioral Health Network         844-845-8078         SHCA's Member Care Services will assist in identifying in- network         BH providers</li> <li>ArrayAtHome (Televideo provider, ages 5+)         800-442-8938         arraybc.com</li> <li>MDLive (Televideo provider, ages 10+)         855-824-2170         mdlive.com/bhcomm</li> <li>Talkspace (Digital mental health support, ages 13+)         talkspace.com/aetna</li> <li>Teladoc Behavioral Health (Televideo provider, ages 13+)         855-835-2362         teladoc.com/aetna</li> </ul> | Optum Health Behavioral Solutions     liveandworkwell.com     Access Code: Cisco   |  |
| Intel           | Connected Care Behavioral Health Network     800-971-4153     Connected Care's Concierge Center will assist in identifying innetwork BH providers     connectedcareproviders.com/provider/search  | ComPsych – Guidance Resources     Free, confidential counseling for members and eligible dependents     800-568-9276     guidanceresources.com Web ID: Intel |  |