

2023 SHCA Direct Access List (No PCP Referral Required)
Applicable to SHCA Medical Home Model Plans
(SHCA enrollees of Stanford University Faculty & Staff, SHC, and LPCH)

SERVICE	DETAILS
ABORTION	No referral required for services done in an ambulatory surgery facility, clinic, (e.g. Planned Parenthood), outpatient hospital, in-network provider's office
ACUPUNCTURE, CHIROPRACTIC CARE	Plan allows direct access to in-network acupuncture or chiropractic care providers with no referral requirement.
ADVANCE PRACTICE PROVIDERS	Advance Practice Providers (Physician Assistant, Nurse Practitioner, etc.) that are practicing in Primary Care and designated as a PCP by the health plan can enter referral orders on behalf of the PCP.
BEHAVIORAL HEALTH	No referral required for behavioral health providers, including psychologists, psychiatrists and psychotherapy providers. Neuropsychology testing that is part of Behavioral Health does not require a referral. <u>Note</u> : Prior authorization rules may still apply.
DIABETES MANAGEMENT EDUCATION	Plan allows direct access to in-network outpatient diabetes education programs for individual counseling (code G01018) and group counseling (G0109)
DME	DME rentals and sales that are not included on the Aetna Precertification List do not need a PCP referral. If on the Aetna Precertification list, prior auth is required but no referral is required.
EMERGENCY ROOM	Referrals are not required for ER services; however, members are required to obtain a referral from their PCP if subsequent specialist services or visits are needed.
STANFORD EXPRESS CARE	Express Care clinics are accessible to all SHCA members, regardless of their assigned PCP. If member's designated PCP is part of SHC, Express Care can make specialty referrals on behalf of the member. If member's designated PCP is outside of SHC, member must be directed back to their designated PCP to request a specialist referral.
GYNECOLOGY AND OBSTETRICS CARE	No PCP referral required for OB/GYN services provided by an OB/GYN provider. Lab and ultrasound services provided in conjunction with OB/GYN services do not require a referral. Genetic testing does not require a referral however genetic counseling does require a referral from the designated PCP.
HOME HEALTH CARE	No PCP referral required for in-network Home Health Care services.
HOSPITAL OUTPATIENT LAB AND RADIOLOGY SERVICES	No PCP referral required for outpatient hospital radiology and lab services. Services not billed by an outpatient hospital will require a specialist referral from the designated PCP.
INFUSION & CHEMOTHERAPY	No additional PCP referral is needed for services and diagnostics rendered in a hospital or in the treating specialist's office. Please note: a PCP referral is required for the patient's consultation and treatment with the specialist. For example, a referral to oncology must exist in order for the related infusion to not require a separate referral.

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LACTATION CONSULTATIONS	Plan allows direct access to in-network lactation consultants with no referral requirement.
PREVENTIVE CARE – VACCINES/IMMUNIZATIONS	No PCP referral is required for immunizations/vaccines administered outside the PCP's office when administered without an office visit. A PCP referral is required when provided in conjunction with an office visit by a participating specialist.
RADIOLOGY PATHOLOGY & LAB	<p>X-ray/lab services which are performed in the specialist's office when patients are seen for visits and evaluations as a result of Aetna's direct access or when authorized by a referral from their primary care physician does not require a referral. These services may be performed even if the procedure itself was not specifically indicated on the referral. These are in general, procedures which are integral to the evaluation of the problem which led to the referral to the specialist. Enhanced Clinical Review and Pre-Authorization takes precedence.</p> <p>Please refer to Aetna's Automatic Studies List (ASL) for a complete list of automatic services included in consult & treat referrals. Providers can access the ASL list by logging into availability.com</p> <p>For example: Cardiologist who performs an EKC/ECG in the office.</p>
RX DRUGS COVERED UNDER MEDICAL	No PCP referral required for medical injectable drugs for RX pharmacy provider types only.
SEXUAL ASSAULT VICTIMS	PCP referrals are not required for services rendered with a sexual assault diagnosis.
SHORT TERM REHAB (PT/OT/ST)	Customized within plan to allow direct access to short term rehab providers with no referral requirement.
URGENT CARE	PCP referrals are not required for in-network Urgent Care providers. If member requires subsequent specialty care, referral must be obtained by designated PCP for needed specialty care.
VISION	Referrals are not required for in-network providers for a routine eye exam i.e. Optometrist. <u>Note</u> : routine vision is likely covered by a different vendor specific to vision benefit coverage.