

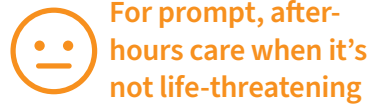
# Where should I go for care?



## Primary Care Doctor

Appointment: Yes  
Hours: Business  
Visits: Video and in-person

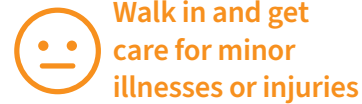
*Annual exams • Routine care, including minor ailments and injuries • Blood tests • Care for chronic illness • Vaccinations*



## Stanford Express Care

Appointment: Yes, same-day  
Hours: Daily, varies by location  
Visits: Video and in-person

*Minor ailments including cold, cough, flu, sore throats, congestion, headaches, fever, ear infections, urinary tract infections and rashes • Minor injuries including sprains, cuts, puncture wounds, burns, animal and insect bites • Vomiting and diarrhea • Back pain • Abdominal pain • Mild asthma*



## Stanford Walk-In Clinic

Appointment: No  
Hours: Monday–Friday,  
3:30pm–11:00pm



## Urgent Care

Appointment: Yes, same-day  
Hours: Daily, varies by location  
Visits: Video and in-person



## Emergency Department

Appointment: No  
Hours: 24/7

*Call 911 or go to the nearest hospital for life-threatening emergencies*



## When you are unable to see your primary care doctor, but it's not serious enough for the emergency department



### **Stanford Express Care – Castro Valley >>**

20642 John Dr  
Castro Valley, CA 94546  
Phone: 510-785-5000  
Hours: Mon – Fri, 7 a.m. – 7 p.m.  
Sat – Sun, 9 a.m. – 7 p.m.

### **Stanford Express Care – Palo Alto >>**

211 Quarry Rd, Ste 102  
Palo Alto, CA 94304  
Phone: 650-736-5211  
Hours: Daily, 9 a.m. – 9 p.m.

### **Stanford Express Care – San Jose >>**

52 Skytop St, Ste 10  
San Jose, CA 95134  
Phone: 669-294-8888  
Hours: Daily, 9 a.m. – 9 p.m.

### **Stanford Medicine Imaging and Express Care >>**

798 S Winchester Blvd  
San Jose, CA 95128  
Phone: 408-984-7226  
Hours: Mon – Fri, 8 a.m. – 8 p.m.  
Sat – Sun, 9 a.m. – 7 p.m.

### **Stanford Walk-In Clinic >>**

211 Quarry Rd, Ste 402  
Palo Alto, CA 94304  
Phone: 650-498-3328  
Hours: Mon - Fri, 3:30 p.m. – 11:00 p.m.

### **Stanford Health Care Tri-Valley Urgent Care >>**

1133 E Stanley Blvd  
Livermore, CA 94550  
Phone: 925-373-4018  
Hours: Daily, 10 a.m. – 8 p.m.  
Holidays\*, 10 a.m. – 3 p.m.

4000 Dublin Blvd, Ste 150  
Dublin, CA 94568

Phone: 925-479-3773  
Hours: Daily, 10 a.m. – 8 p.m.  
Holidays\*, 10 a.m. – 3 p.m.

*\*July 4th, Thanksgiving and Christmas*

### **After Hour Pediatrics Urgent Care >>**

210 Baldwin Ave  
San Mateo, CA 94401  
Phone: 650-579-6581  
Hours: Mon – Fri, 5 p.m. – 10 p.m.  
Sat – Sun, 10 a.m. – 10 p.m.

### **O'Connor Pediatric Urgent Care >>**

2101 Forest Ave, Ste 130  
San Jose, CA 95128  
Phone: 408-283-7677  
Hours: Mon - Fri, 2 p.m. – 9 p.m.

### **Carbon Health Urgent Care Clinics**

#### **Alameda – Bridgeside Shopping Center >>**

2671 Blanding Ave, Ste A&B  
Alameda, CA 94501  
Phone: 510-694-4816  
Hours: Daily, 9 a.m. – 7 p.m.

#### **Berkeley – Telegraph Ave >>**

2920 Telegraph Ave  
Berkeley, CA 94705  
Phone: 510-686-3621  
Hours: Daily, 9 a.m. – 7 p.m.

#### **Campbell – S Bascom Ave >>**

1760 S Bascom Ave, #140  
Campbell, CA 95008  
Phone: 408-214-9732  
Hours: Daily, 9 a.m. – 7 p.m.

#### **Oakland – Grand Ave >>**

411 Grand Ave  
Oakland, CA 94610  
Phone: 510-844-4097  
Hours: Daily, 8 a.m. – 6 p.m.

#### **San Francisco – Spear St >>**

345 Spear St, Ste 120  
San Francisco, CA 94105  
Phone: 415-612-3275  
Hours: Daily, 9 a.m. – 7 p.m.

#### **San Jose – Almaden Ranch >>**

5120 Cherry Ave, #20  
San Jose, CA 95118  
Phone: 408-780-2532  
Hours: Daily, 9 a.m. – 7 p.m.

#### **San Jose – Market Park >>**

1411 Berryessa Rd, Ste 30  
San Jose, CA 95131  
Phone: 408-785-6344  
Hours: Daily, 9 a.m. – 7 p.m.

#### **San Leandro – San Leandro Plaza >>**

1353 Washington Ave, #D2  
San Leandro, CA 94577  
Phone: 510-608-4836  
Hours: Mon – Fri, 9 a.m. – 7 p.m.  
Sat - Sun, 9 a.m. – 4:30 p.m.

#### **San Mateo – Hillsdale Mall >>**

46 Hillsdale Mall  
San Mateo, CA 94403  
Phone: 650-769-5612  
Hours: Daily, 9 a.m. – 7 p.m.

#### **Santa Clara – Santa Clara Square >>**

2712 Augustine Dr, Ste 120  
Santa Clara, CA 95054  
Phone: 408-780-2542  
Hours: Daily, 9 a.m. – 7 p.m.

#### **More Carbon Health Bay Area locations >>**

More in-network urgent care centers and clinics are available. For a complete listing, please contact Member Care Services at **1-855-345-7422** or visit your provider directory ►

