

# Where should I go for care?



For preventative and non-urgent care

## Primary Care Doctor

Appointment: Yes  
Hours: Business  
Visits: Video and in-person

*Annual exams • Routine care, including minor ailments and injuries • Blood tests • Care for chronic illness • Vaccinations*



For prompt, after-hours care when it's not life-threatening

## Stanford Express Care

Appointment: Yes, same-day  
Hours: Daily, varies by location  
Visits: Video and in-person

*Minor ailments including cold, cough, flu, sore throats, congestion, headaches, fever, ear infections, urinary tract infections, and rashes • Minor injuries including sprains, cuts, puncture wounds, burns, animal and insect bites • Vomiting and diarrhea • Back pain • Abdominal pain • Mild asthma*



Walk in and get care for minor illnesses or injuries

## Stanford Walk-In Clinic

Appointment: No  
Hours: Monday–Friday,  
2:30pm–10:00pm



For urgent care when it's not life-threatening

## Urgent Care

Appointment: Yes, same-day  
Hours: Daily, varies by location  
Visits: Video and in-person

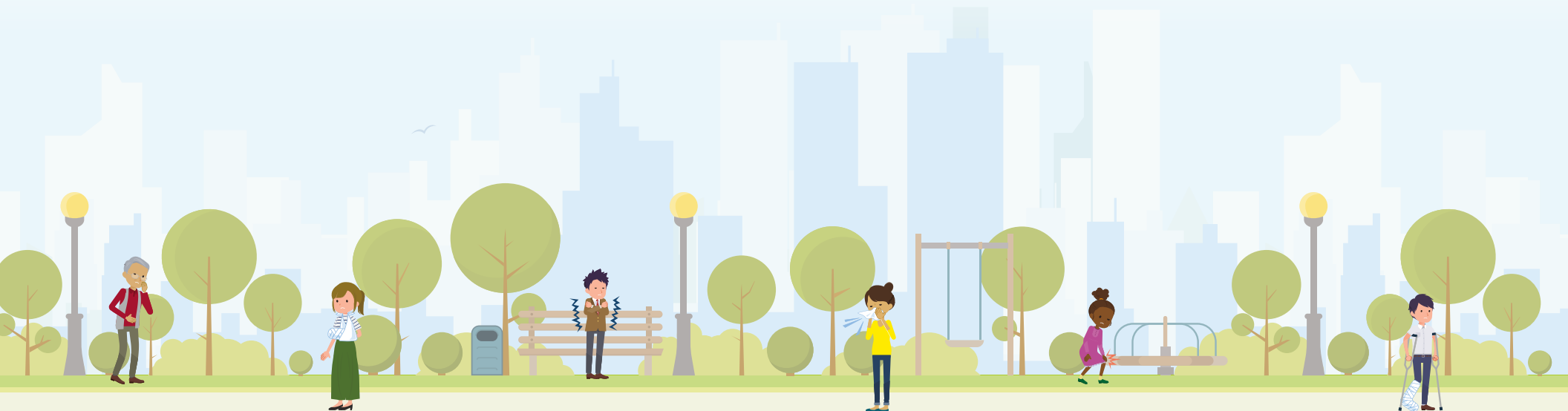


Anytime care for life-threatening emergencies

## Emergency Department

Appointment: No  
Hours: 24/7

*Call 911 or go to the nearest hospital for life-threatening emergencies*



## When you are unable to see your primary care doctor, but it's not serious enough for the emergency department:

### **Stanford Medicine Partners Express Care Castro Valley >>**

20642 John Dr  
Castro Valley, CA 94546  
Phone: 510-785-5000  
Hours: Mon–Fri, 7am–7pm  
Sat–Sun, 8am–6pm

### **Stanford Medicine Partners Express Care Emeryville >>**

6121 Hollis St, Ste 400  
Emeryville, CA 94608  
Phone: 510-266-5401  
Hours: Mon–Fri, 8am–5pm

### **Stanford Express Care – Palo Alto >>**

211 Quarry Rd, Ste 102  
Palo Alto, CA 94304  
Phone: 650-736-5211  
Hours: Daily, 8:30am–9pm

### **Stanford Express Care – San Jose >>**

52 Skytop St, Ste 10  
San Jose, CA 95134  
Phone: 669-294-8888  
Hours: Mon–Fri, 8:30am–9pm

### **Stanford Medicine Partners Express Care Los Gatos >>**

15425 Los Gatos Blvd, Ste 120  
Los Gatos, CA 95032  
Phone: 408-984-7226  
Hours: Mon–Fri, 7am–7pm  
Sat–Sun, 8am–6pm\*

\*By appointment only

### **Stanford Walk-In Clinic >>**

211 Quarry Rd, Ste 402  
Palo Alto, CA 94304  
Phone: 650-498-3328  
Hours: Mon–Fri, 2:30pm–10pm

### **Stanford Health Care Tri-Valley Urgent Care >>**

1133 E Stanley Blvd  
Livermore, CA 94550  
Phone: 925-373-4500  
Hours: Daily, 10am–9pm  
Holidays\*, 10am–3pm

4000 Dublin Blvd, Ste 150  
Dublin, CA 94568  
Phone: 925-479-3750  
Hours: Daily, 10am–9pm  
Holidays\*, 10am–3pm  
*\*July 4, Thanksgiving, and Christmas*

### **After Hour Pediatrics Urgent Care >>**

210 Baldwin Ave  
San Mateo, CA 94401  
Phone: 650-579-6581  
Hours: Mon–Fri, 5pm–10pm  
Sat–Sun, 10am–10pm

### **O'Connor Pediatric Urgent Care >>**

2101 Forest Ave, Ste 130  
San Jose, CA 95128  
Phone: 408-283-7677  
Hours: Mon–Fri, 2pm–9pm

### **Carbon Health Urgent Care Clinics**

#### **Alameda – Bridgeside Shopping Center >>**

2671 Blanding Ave, Ste A&B  
Alameda, CA 94501  
Phone: 415-404-3124  
Hours: Daily, 9am–5pm

#### **Albany – University Village >>**

1080 Monroe St  
Albany, CA 94706  
Phone: 510-606-9485  
Hours: Daily, 9am–7pm

#### **Berkeley – Telegraph Ave >>**

2920 Telegraph Ave, #100  
Berkeley, CA 94705  
Phone: 415-404-3168  
Hours: Daily, 9am–7pm

#### **Campbell – S Bascom Ave >>**

1760 S Bascom Ave, #140  
Campbell, CA 95008  
Phone: 408-728-9888  
Hours: Daily, 9am–7pm

#### **Oakland – Grand Ave >>**

411 Grand Ave  
Oakland, CA 94610  
Phone: 341-234-0462  
Hours: Daily, 8am–6pm

#### **San Francisco – Market (Castro) >>**

1998 Market St  
San Francisco, CA 94102  
Phone: 415-651-3558  
Hours: Daily, 9am–7pm

#### **San Francisco – Stonestown Galleria >>**

3251 20th Ave, #320  
San Francisco, CA 94132  
Phone: 415-404-3161  
Hours: Daily, 9am–7pm

#### **San Jose – Almaden Ranch >>**

5120 Cherry Ave, #20  
San Jose, CA 95118  
Phone: 408-850-0306  
Hours: Daily, 9am–7pm

#### **San Jose – Market Park >>**

1411 Berryessa Rd, #30  
San Jose, CA 95131  
Phone: 408-689-7020  
Hours: Daily, 9am–7pm

#### **San Mateo – Hillsdale Mall >>**

46 Hillsdale Mall  
San Mateo, CA 94403  
Phone: 650-292-0847  
Hours: Daily, 9am–7pm

#### **Santa Clara – Santa Clara Square >>**

2712 Augustine Dr, #120  
Santa Clara, CA 95054  
Phone: 408-786-9636  
Hours: Daily, 9am–7pm

#### **More Carbon Health Bay Area locations >>**

More in-network urgent care centers and clinics ►  
Member Care Services: **1-855-345-7422**

