Where should I go for care?

**Primary Care Doctor**
Appointment: Yes
Hours: Business

**Stanford Express Care**
Appointment: Yes, same-day
Hours: Daily, 9:00am–9:00pm

**Stanford Walk-In Clinic**
Appointment: No
Hours: Monday–Friday, 3:30pm–11:00pm
Adults and pediatric patients older than 6 months welcomed!

**Urgent Care**
Appointment: No
Hours: Varies by provider

**Emergency Department**
Appointment: No
Hours: 24/7

For preventative and non-urgent care:
- Annual exams
- Blood tests
- Care for chronic illness
- Flu shots
- Routine care

For prompt, after-hours care when it’s not life-threatening:
- Minor ailments including cold, flu, cough, sore throats, headaches, fever, ear infections, congestion and rashes
- Minor injuries including sprains, cuts, puncture wounds, burns, animal and insect bites
- Vomiting/diarrhea/hydration
- Back pain
- Abdominal pain
- Mild asthma

For urgent care when it’s not life-threatening:

For anytime care for life-threatening emergencies:
- Call 911 or go to the nearest hospital for life-threatening emergencies

Pediatric patients welcome in all clinics.
When you are unable to see your primary care doctor, but it’s not serious enough for the emergency department:

**Stanford Express Care**
- **Palo Alto**
  - 211 Quarry Rd, Ste 102
  - Palo Alto, CA 94304
  - tel: 650.736.5211
  - Hours: Daily, 9:00am–9:00pm

**Stanford Express Care**
- **San Jose**
  - 52 Skytop St, Ste 10
  - San Jose, CA 95134
  - tel: 669.294.8888
  - Hours: Daily, 9:00am–9:00pm

**Stanford Walk-In Clinic**
- 211 Quarry Rd, Ste 402 (4th Fl)
- Palo Alto, CA 94304
- tel: 650.497.3940
- Hours: Mon–Fri, 3:30pm–11:00pm

*Adults and pediatric patients older than 6 months welcomed!*

**Stanford Health Care – ValleyCare, Urgent Care**
- 1133 E Stanley Blvd
- Livermore, CA 94550
- tel: 925.373.4018
- Hours: Daily, 10:00am–8:00pm
- Holiday Hours: 10:00am–3:00pm

*On July 4th, Thanksgiving and Christmas*

More in-network urgent care centers and clinics are available. For a complete listing, please contact Member Care Services at **1.855.345.7422**. Or visit your provider directory.