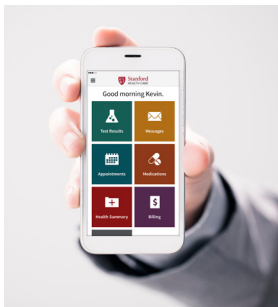


# Manage your care with MyHealth



## DOWNLOAD THE MYHEALTH APP



Search for “Stanford Health Care MyHealth” in your mobile app store.



Managing your care is quick and easy with MyHealth. Simply get your account and log in from your mobile phone or computer.

### EASY ACCESS TO HEALTH INFORMATION

- Get test results
- View medications
- Trend biometrics (weight, blood pressure, etc.)
- Review past visit notes

### QUICK AND SECURE COMMUNICATIONS

- Send messages to your care team
- Attach pictures when needed
- Receive email and mobile notifications regarding new test results and messages

### APPOINTMENTS, BILLING AND MORE

- Schedule appointments
- View and pay bills
- Allow caregivers to “Share Access”
- Conduct video visits

### TO SIGN UP TODAY

Ask the clinic staff or visit

[stanfordhealthcare.org/myhealth](https://stanfordhealthcare.org/myhealth)